

# Understanding Garden Soils: What LeBron James, Jack Nicklaus & Julia Child Have in Common

April , 2023

11<sup>th</sup> Annual Living in the Garden Symposium

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# “The Good the Bad, and the Ugly”

I have gardened in the same quarter acre spot for 39 years



# Using plant science as a foundation for gardening

Why do plants die?

Poor understanding of how light influences plant growth

Poor understanding of how soil influences plant growth

Plant dry weight from sun vs. soil?

96% from photosynthesis, 4% from soil... however



# Nutrition is just as important as light, but,

You can't fertilize a plant into a healthy specimen

If the environment (Light & Soil) doesn't support growth



# Let's talk about soil!

## Welcome to dirt school!



# What is Soil?

Soil Science Academy of America (in 2016) defined as:

“Soil is the top layer of the Earth’s surface that generally consists of loose rock, and mineral particles mixed with dead organic matter”

SSC 200: Soil = Stuff + space

Mineral material derived from rock

Dead organic material (from living things)

Living organic material: Organisms & Roots

Space: Water & Air



# Soil Properties

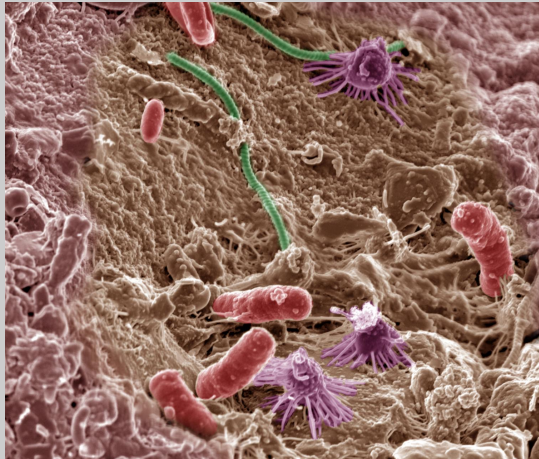
**Physical:** color, particle size, porosity, water relations

**Chemical:** nutrient holding ability, soil acidity (pH)

**Biological:** Soil microflora, macrofauna, partnerships

Up to 1 billion Bacteria!

Soil Fungi



# What should good soil do?

Provide:  
Anchorage  
Water  
Nutrients  
Oxygen





# Excellent garden soils also:

- Improve water infiltration by up to 20%
- Reduce and slows runoff (sedimentation)
- Purify water
- Decompose pollutants
- Bacteria... *Micobacterium vaccae*



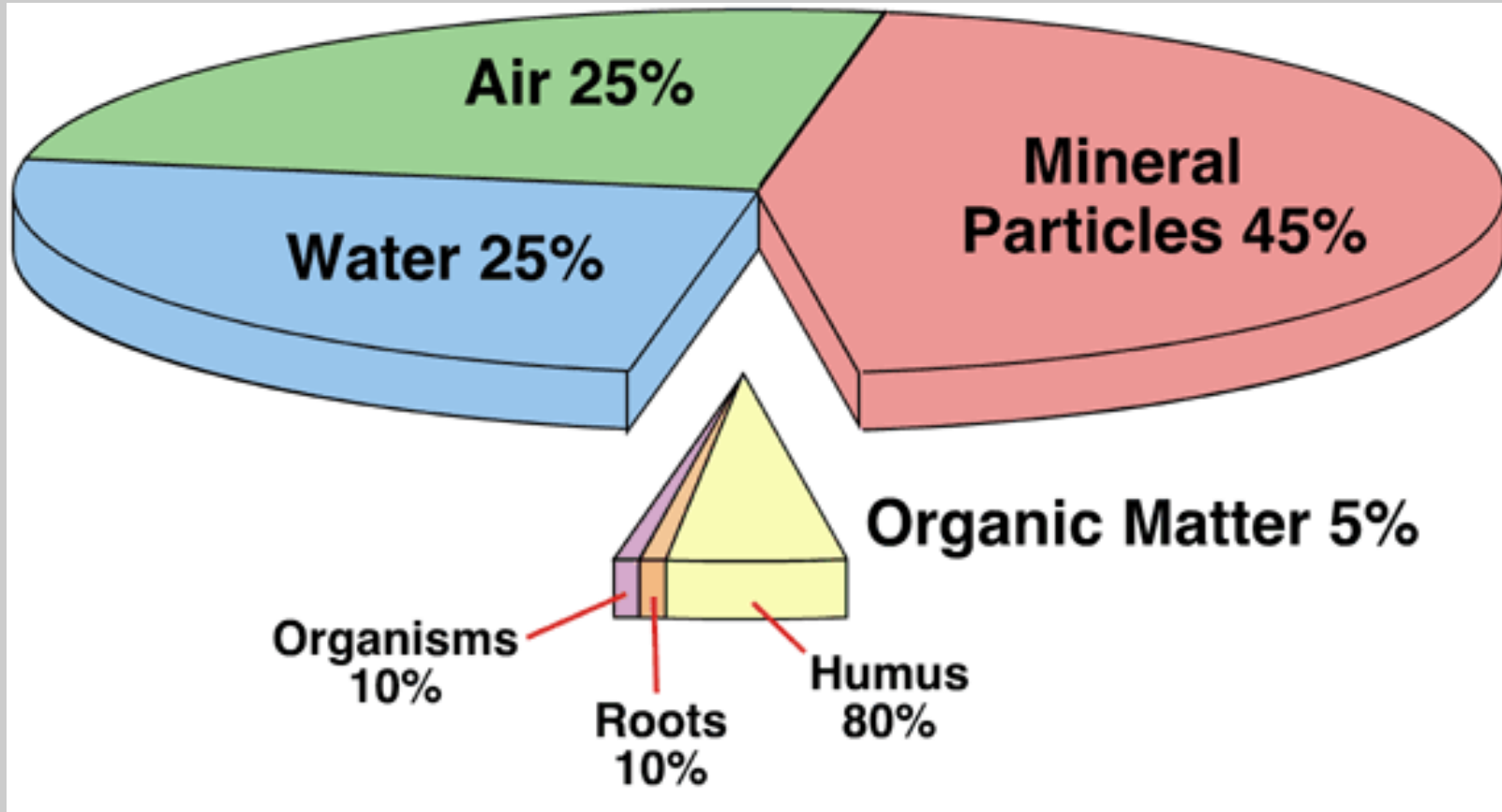


Wait, there is more!

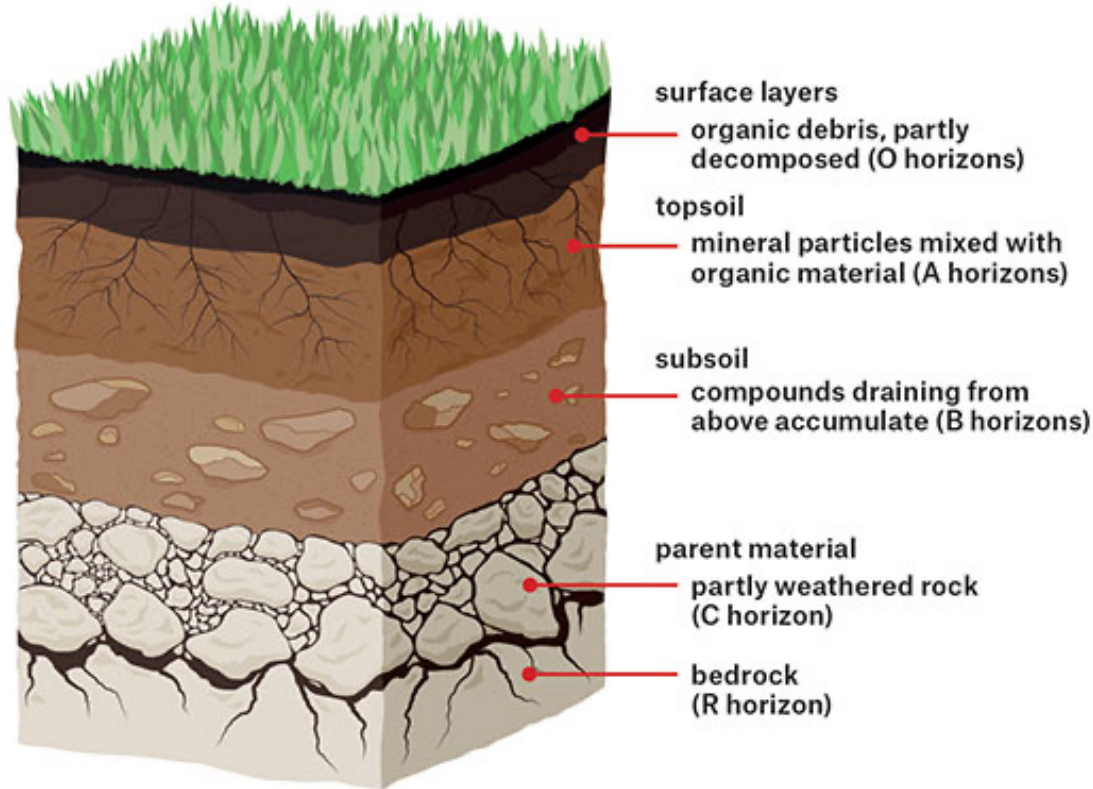
Reduces irrigation frequency  
Reduces fertilizing frequency  
Increases plant longevity



# Ideal soil Make Up:



# Soil profile: “Horizonation”





O + A = Topsoil

B = Subsoil

C = Loose parent material

# Taking a soil profile



Soil Probe



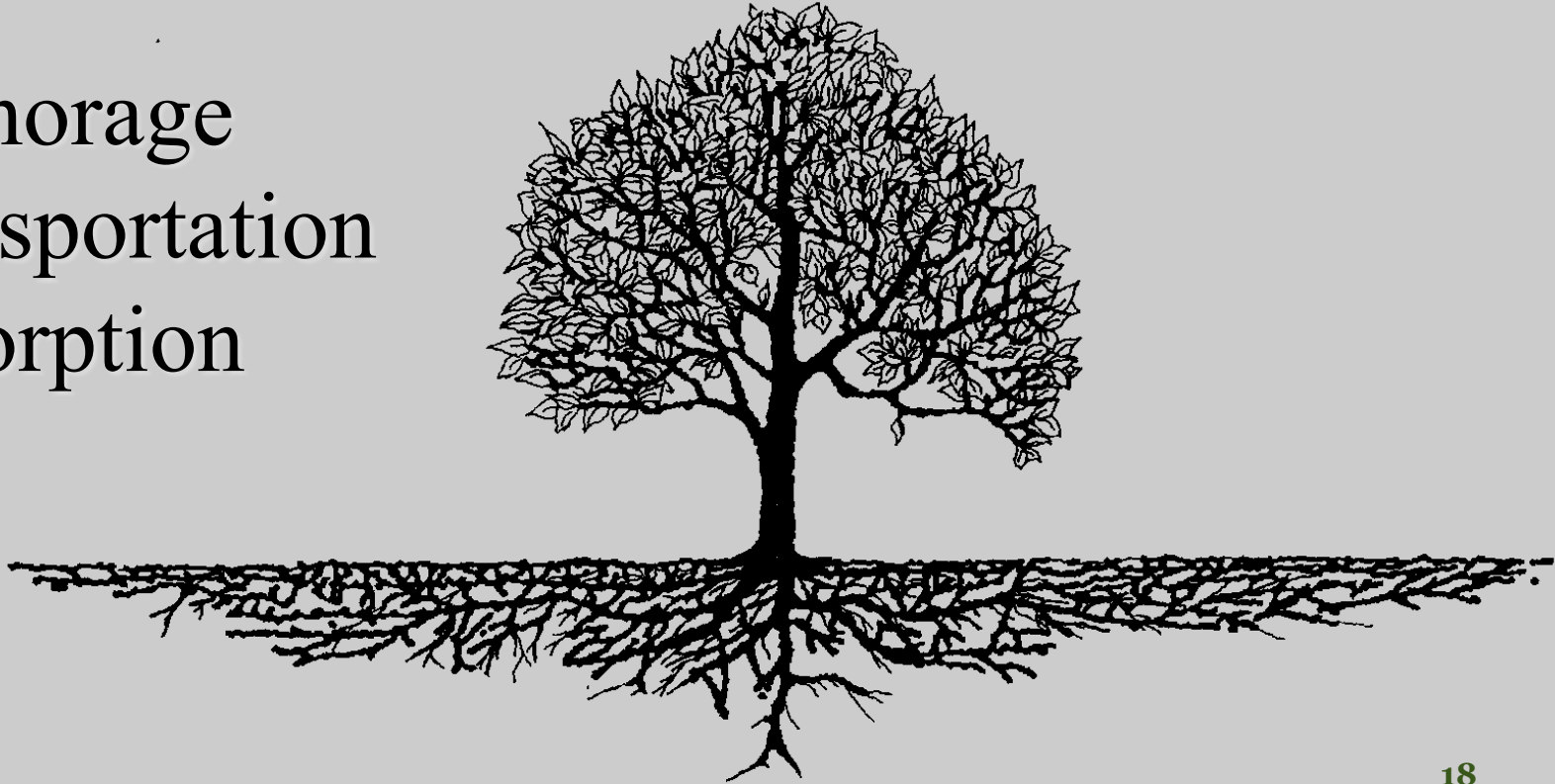




# Roots

Roots grow where there is water & oxygen  
Tree's absorbing roots are located in the top 12" of the soil

Anchorage  
Transportation  
Absorption





*Pinus longaeva*, Bristlecone pine,





# We Have Soil Compaction Issues!



# Soil Texture

Distribution of different sizes of **mineral** particles in the soil

Organic matter not included

“Soil separate” :

Sand

Silt

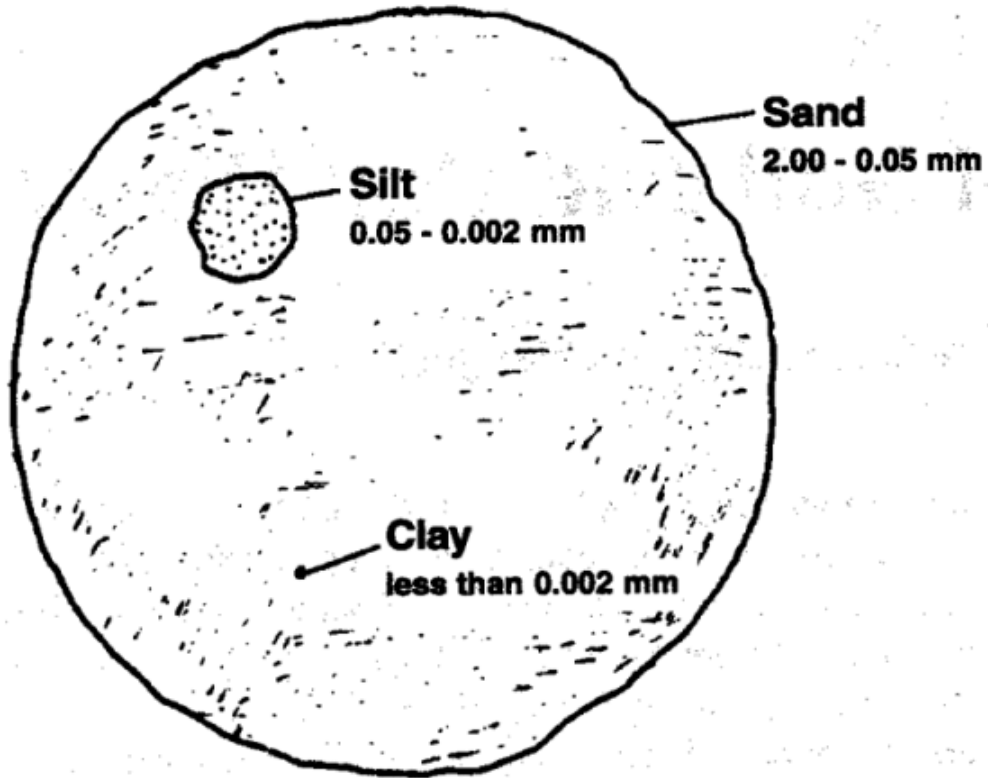
Clay







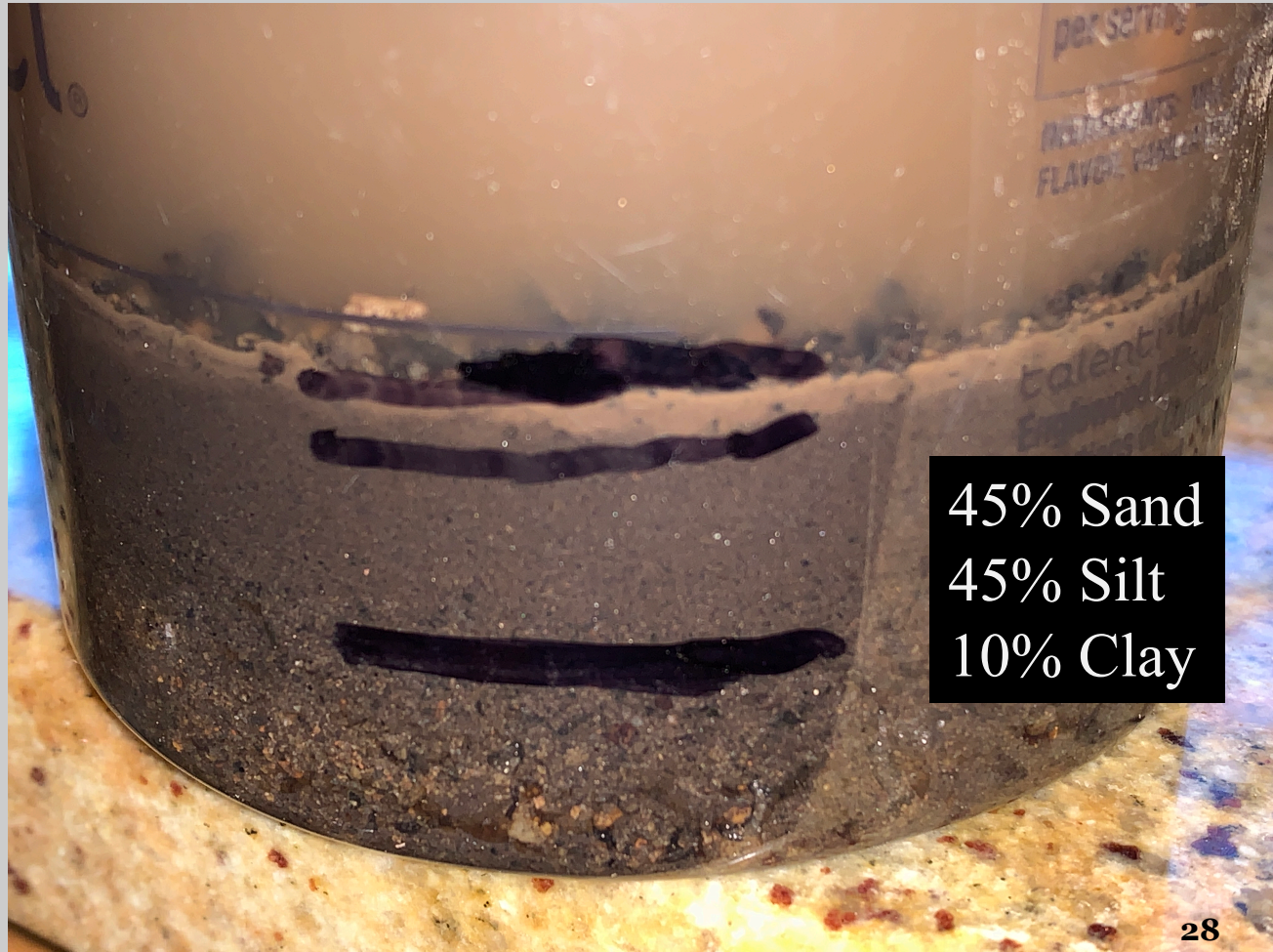
# Soil Texture

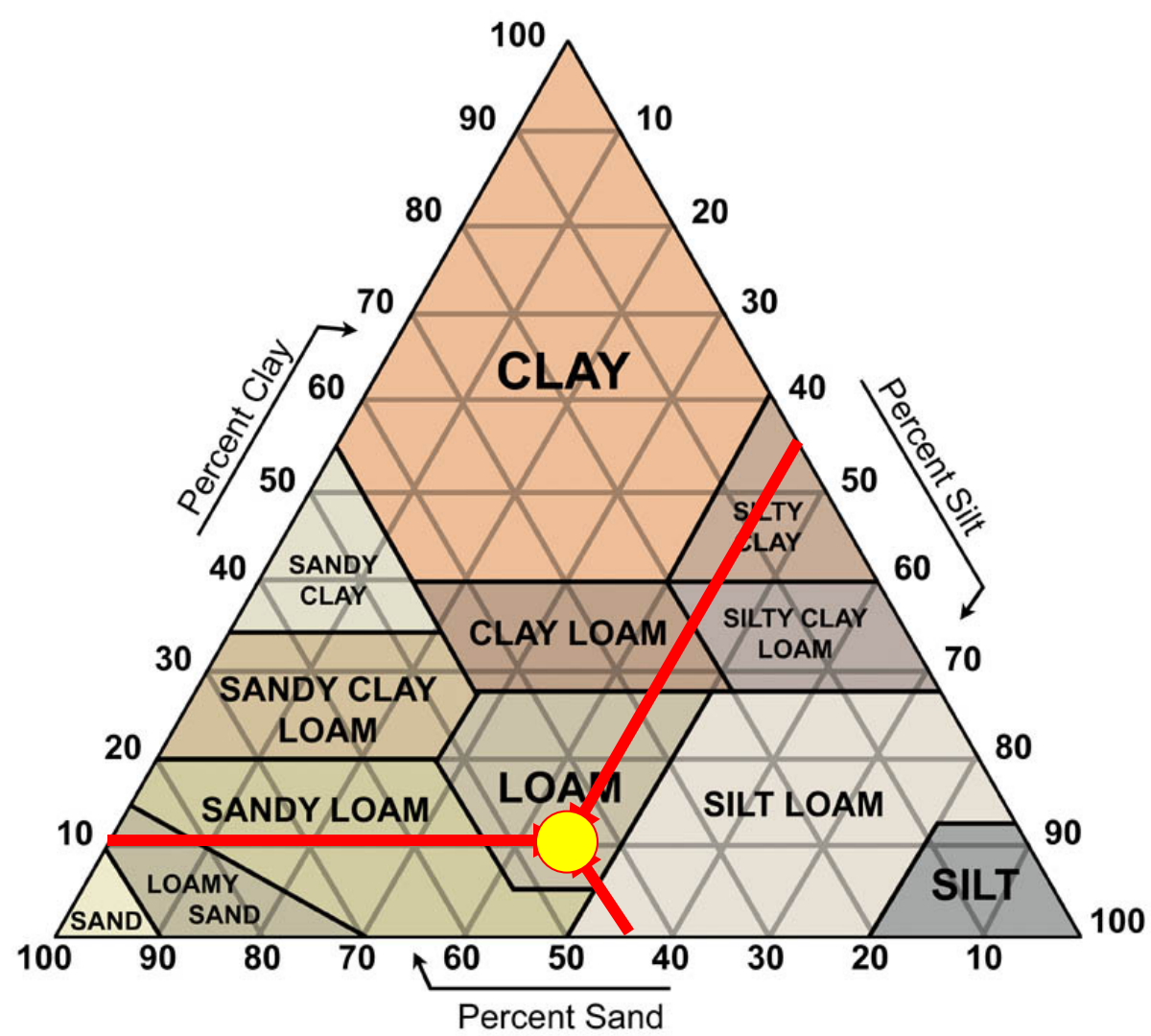


# Home soil texture test









45% Sand  
 45% Silt  
 10% Clay

# In general...

## Sandy soils:

Faster water movement

Excellent aeration

Decreased water holding capacity

Decreased nutrient holding capacity



## Clay soils:

Slower water movement

Poorly aerated

Increased water holding

Increased nutrient holding



# Soil texture contributes to:

Chemistry of soil

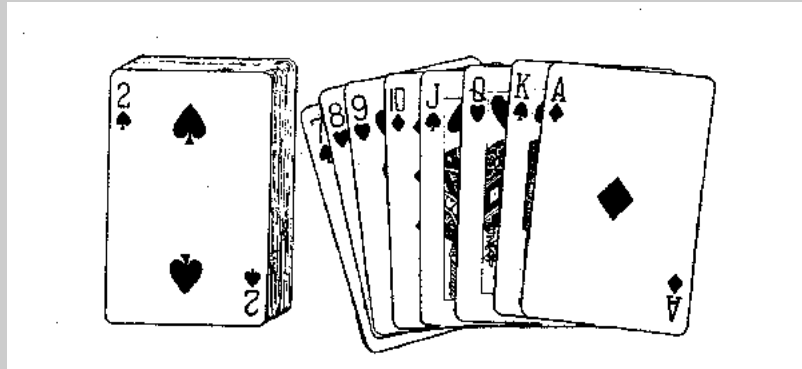
Surface area

Ability to hold nutrients

Clay: 1000 times more surface area than coarse sand

Clay plays a major role in soil chemistry

Fertility: Clay vs. Sand



# Cation Exchange Capacity

The ability of soil to hold nutrients against the forces of leaching

Ion is a charged particle: + or -

$K^+$   $H^+$   $Ca^{+2}$   $NH_4^+$   $NO_3^-$   $Mg^{+2}$   $HPO_4^{-2}$

Cation is positive, Anion is negative

The binding sites on soil particles are negatively charged

“CEC”



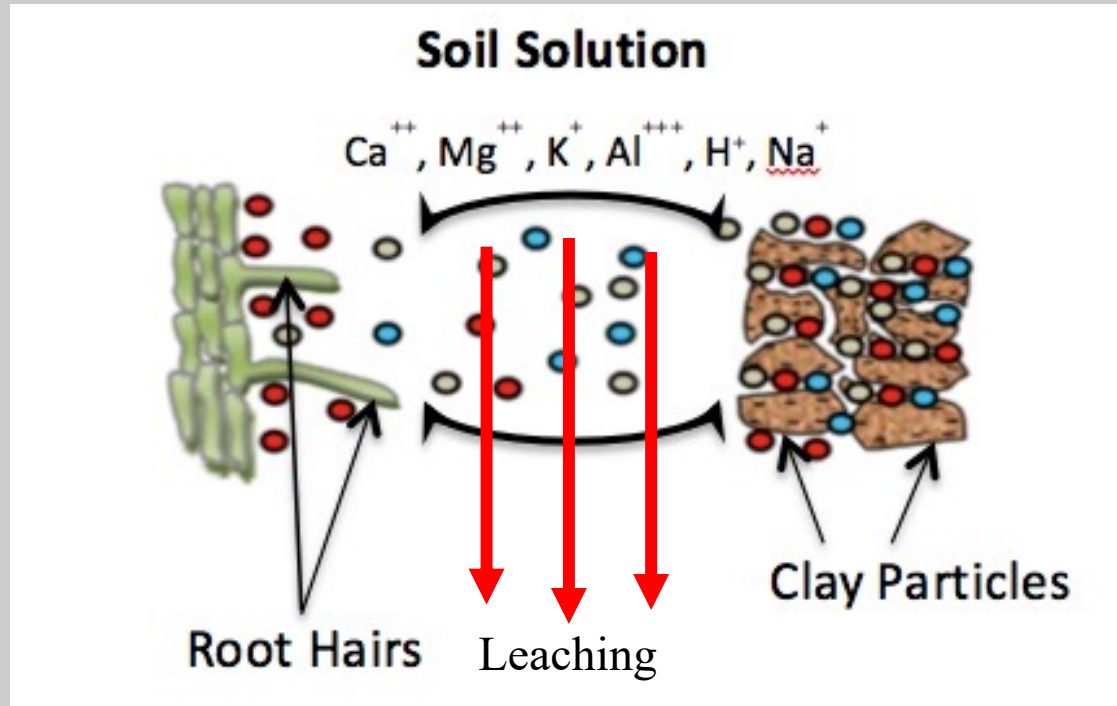
“Binding Sites”



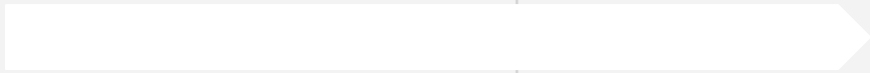
# Cation Exchange Capacity

“CEC”

Nutrients are primarily available to the plant in the soil solution!



# Cation Exchange Capacity

Material	CEC (meq/100g)
<b>Clays</b>	
Kaolinite	3-15
Illite	15-40
Montmorillonite	80-100
	
<b>Soil Texture</b>	
Sand	1-5
Loamy Sand to Sandy Loam	5-10
Loam	5-15
Clay Loam	15-30
Clay	>30

# Organic Matter (“Compost”)

Plant or animal Residue decomposed beyond the point of recognition

That is different than mulch

Very important ingredient in soil

Is “DYNAMIC”

Contains varying degrees of nutrition

Holds significant amounts of nutrition

Humus: the most stable form of “OM”





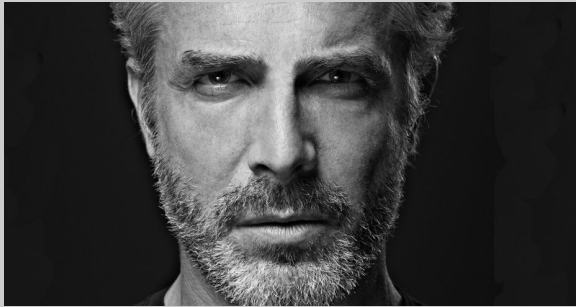
# Organic Matter

Residue (organic material or “pre-organic matter”)

“Organic Matter”

Humus

Gone!



# Organic Matter

Improves soil structure (aggregation)

Increases water holding capacity

Improves water relations (percolation & movement)

Improves pore space

Provides a small amount of nutrition

Increases nutrient holding capacity...

Cation Exchange Capacity! CEC

# Cation Exchange Capacity

Material	CEC (meq/100g)
<b>Clays</b>	
Kaolinite	3-15
Illite	15-40
Montmorillonite	80-100
<b>Organic Matter</b>	200-400
<b>Soil Texture</b>	
Sand	1-5
Loamy Sand to Sandy Loam	5-10
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Clay Loam	15-30
Clay	>30

# Soil Structure

Ability of soil to form clumps

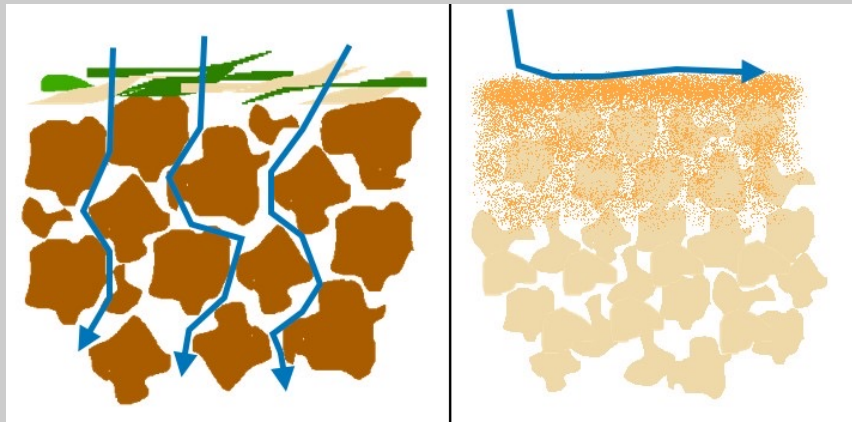
Aggregates: (brown sugar)





“A soil without aggregation can be a big aggravation”

Improved by adding humus  
Microbes, fungi, & small insects  
secrete binding agents



**Healthy Soil**

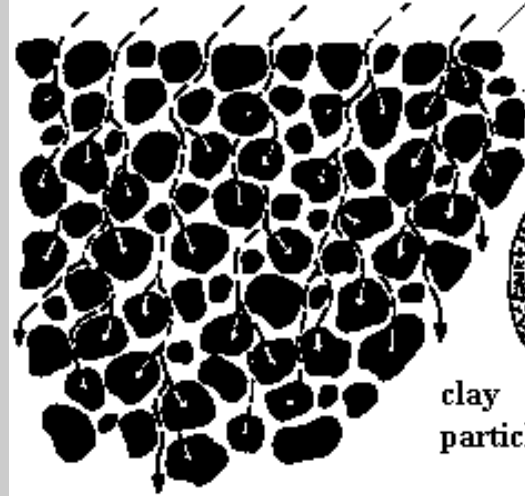
- Good structure
- Water infiltration into soil pores
- Slows water velocity
- Dark color
- High organic matter
- Soil surface is covered with dead vegetation

**Degraded Soil**

- Weak structure
- No water infiltration soil pores clogged
- Water runs off quickly
- Light color
- Low organic matter
- Soil surface is covered with a soil crust

6.8.0

Water moves through soil with good structure



A soil aggregate



Capillary water



Soil pores between soil particles filled with water



Films of water around soil particles

# Organic matter improves “Soil Structure”

Add OM to soil on a yearly basis

What should be added?

Soil conditioners, compost, manures etc.

Improves drainage

Moisture holding

Root zone

Soil biology

Builds soil





# Soil Biology

Bacteria

Fungi

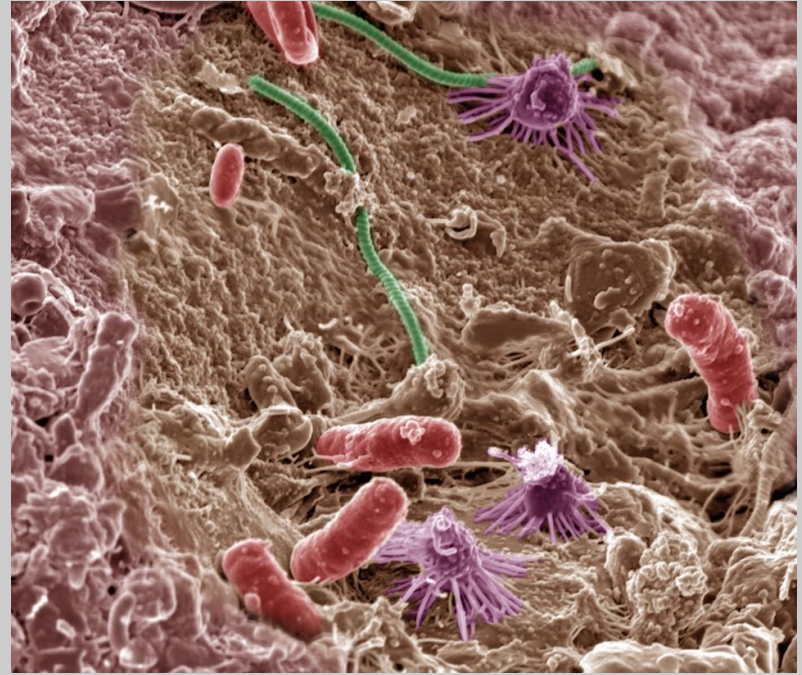
Soil Algae

Nematodes, Worms, & soil insects



“If you build it, he (they) will come”



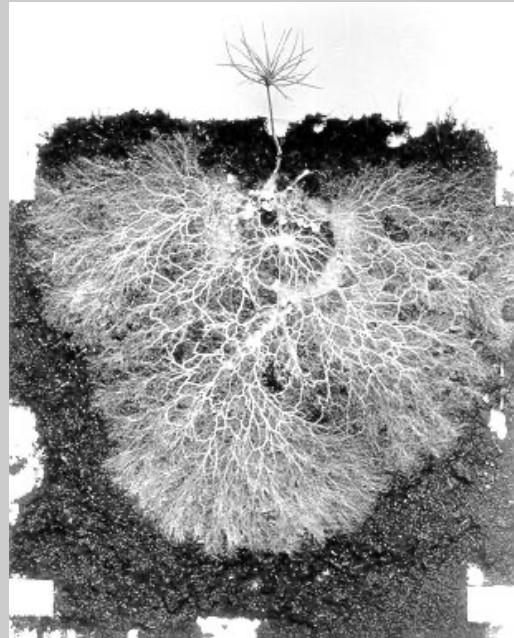
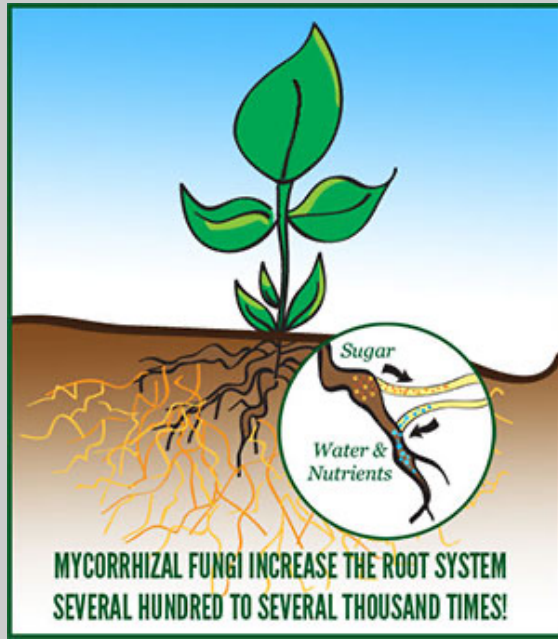


# Mycorrhizae

Symbiotic relationship between fungi and plant roots

Fungi assists absorption of water and nutrition, fights infection

Roots provide sugar (glucose) to the fungus



# pH = Soil Acidity

pH = -Log of the Hydrogen ion concentration in the soil solution

SCALE: 1-7-14

<7...Acidic

7...Neutral,  $H^+ = OH^-$

>7...Basic

pH of 5 is 10 times more acidic than pH of 6, & 100 times more acidic than pH of 7!



# pH influences a soil's ability to be fertile

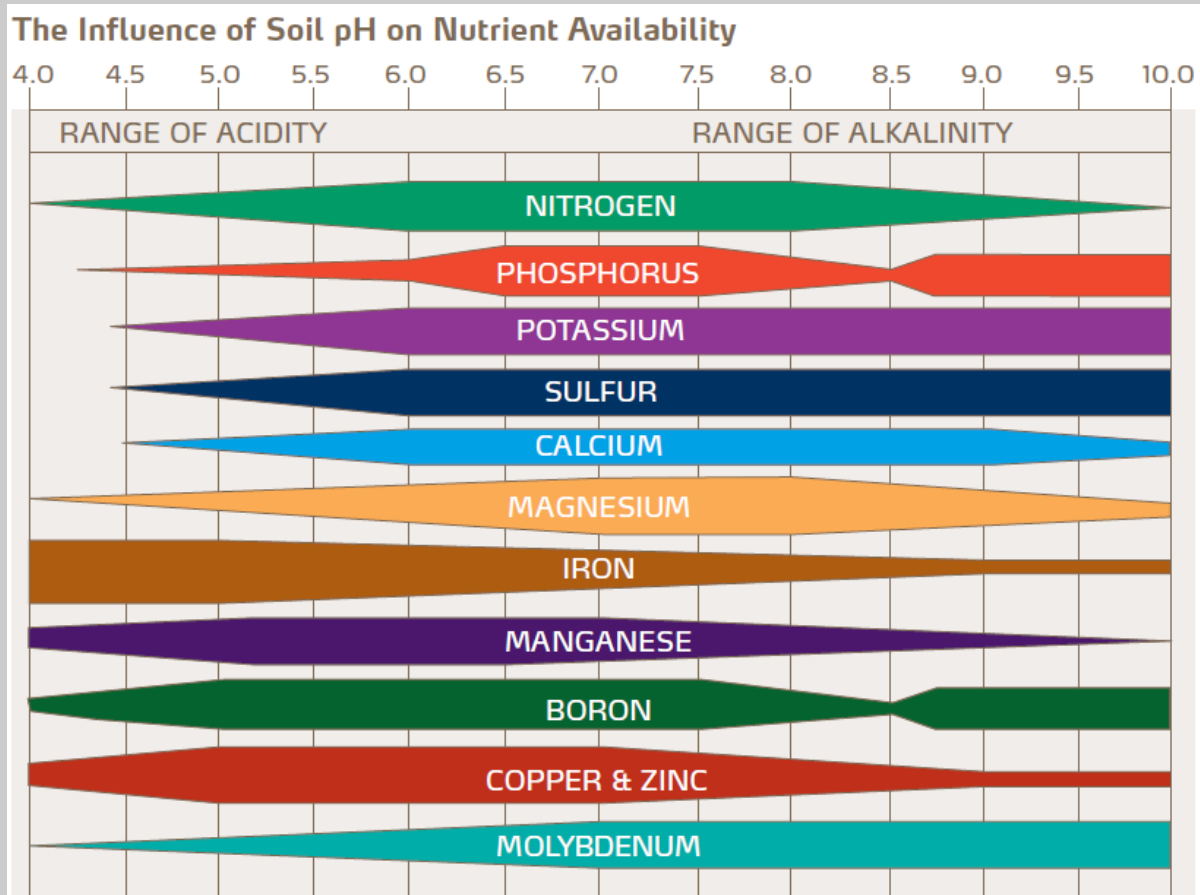
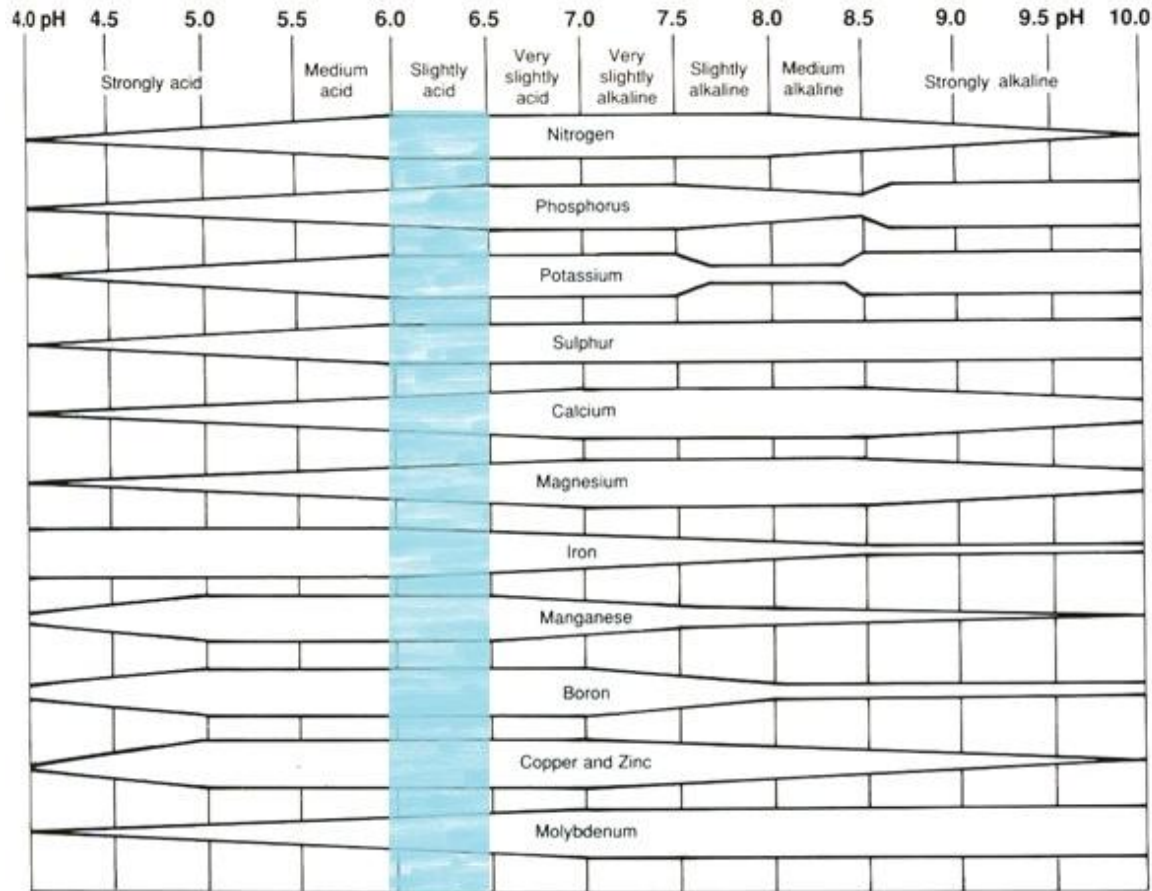


Figure 1-28. Nutrient availability as affected by soil pH. The wider areas represent greater availability. The blue bar shows the optimum pH level for nutrient uptake by plants.



# Raising the pH

Add limestone

Reacts with soil colloid, displaces  $H^+$

Creating  $H_2O$ ...Raising pH

5lbs/100 sq.ft. But... base on soil test!

Because of “buffer capacity” (reserve acidity)



# Virginia Soil Testing

## Report Sample 1

LAB TEST RESULTS (see Note 1)										
Analysis	P (lb/A)	K (lb/A)	Ca (lb/A)	Mg (lb/A)	Zn (ppm)	Mn (ppm)	Cu (ppm)	Fe (ppm)	B (ppm)	S.Salt: (ppm)
Result	23	56	1601	183	3.3	10.5	0.6	10.8	0.2	
Rating	M	L+	H-	H	SUFF	SUFF	SUFF	SUFF	SUFF	
Analysis	Soil pH	Buffer Index	Exp. CEC (meq/100g)	Acidity (%)	Base Sat. (%)	Ca Sat. (%)	Mg Sat. (%)	K Sat. (%)	Organic Matter (%)	
Result	6.0	6.15	6.3	23.5	76.5	63.4	12.0	1.1		

**A. Nutrients: Low potassium**

**B. pH: Low**

**C. Stickiness: CEC above 5. OK**

LAWN MAINTENANCE - BLUEGRASS, FESCUE (202)

612. LIME RECOMMENDATIONS: Apply 90 pounds of agricultural limestone (ground, pulverized or pelletized) per 1000 square feet in several small applications of up to 50 lbs each, at intervals of 1 to 6 months, until the full amount is applied.

990. We are trying to improve our service. PLEASE take a moment to complete our brief, anonymous customer survey at [tinyurl.com/soiltestsurvey](http://tinyurl.com/soiltestsurvey).

991. "Explanation of Soil Tests, Note 1" and other referenced notes are viewable at [www.soiltest.vt.edu](http://www.soiltest.vt.edu) under Report Notes.

207. FERTILIZER RECOMMENDATIONS: Apply a 3-1-2 or 4-1-2 ratio fertilizer (examples of grades to use are 12-4-8, 16-4-8, 24-3-12, etc.) according to the instructions in the note on lawn fertilization. If you are unable to find this type of fertilizer, apply a 2-0-1 or 3-0-1 ratio fertilizer, such as 22-0-14, 32-0-10, 19-0-7 or a similar ratio product.

# Proper Bed Preparation



# Bed Preparation is key to good soil fertility

Roots grow where there is water and oxygen...

Soil Building is the key to success!

Cultivate

Incorporate

**Invigorate**

**(mulch)**





# Benefits of Mulching

Existing beds that can't be disturbed

Research shows that after 3 years...

“Humates” influence subsoil





# Bartlett Tree

90% more root growth  
in mulched beds than  
under turf!







Birthday present from my wife...





Prep entire bed before planting!  
Stop thinking about the hole,  
& start thinking about the whole!













# Chemistry of Plant Nutrition

“Chemical”

Organic: from living things

Inorganic: from non living things

Synthetic: chemically synthesized  
imitates a “natural product”

“Processed”



# Chemistry of plant nutrition

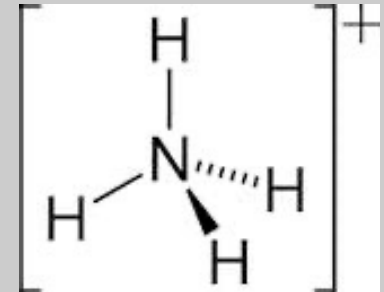
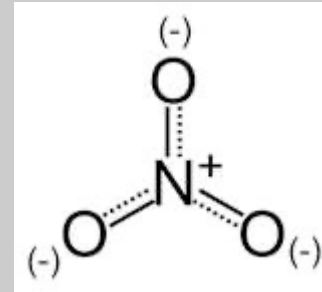
Nitrate & ammonium from organic source

Nitrate & ammonium from synthetic source

Plants absorb nitrogen in two forms:



Nitrate to Ammonium 2:1



Ammonium:  $\text{NH}_4^+$  converts to  $\text{NO}_3^- + \text{H}^+$

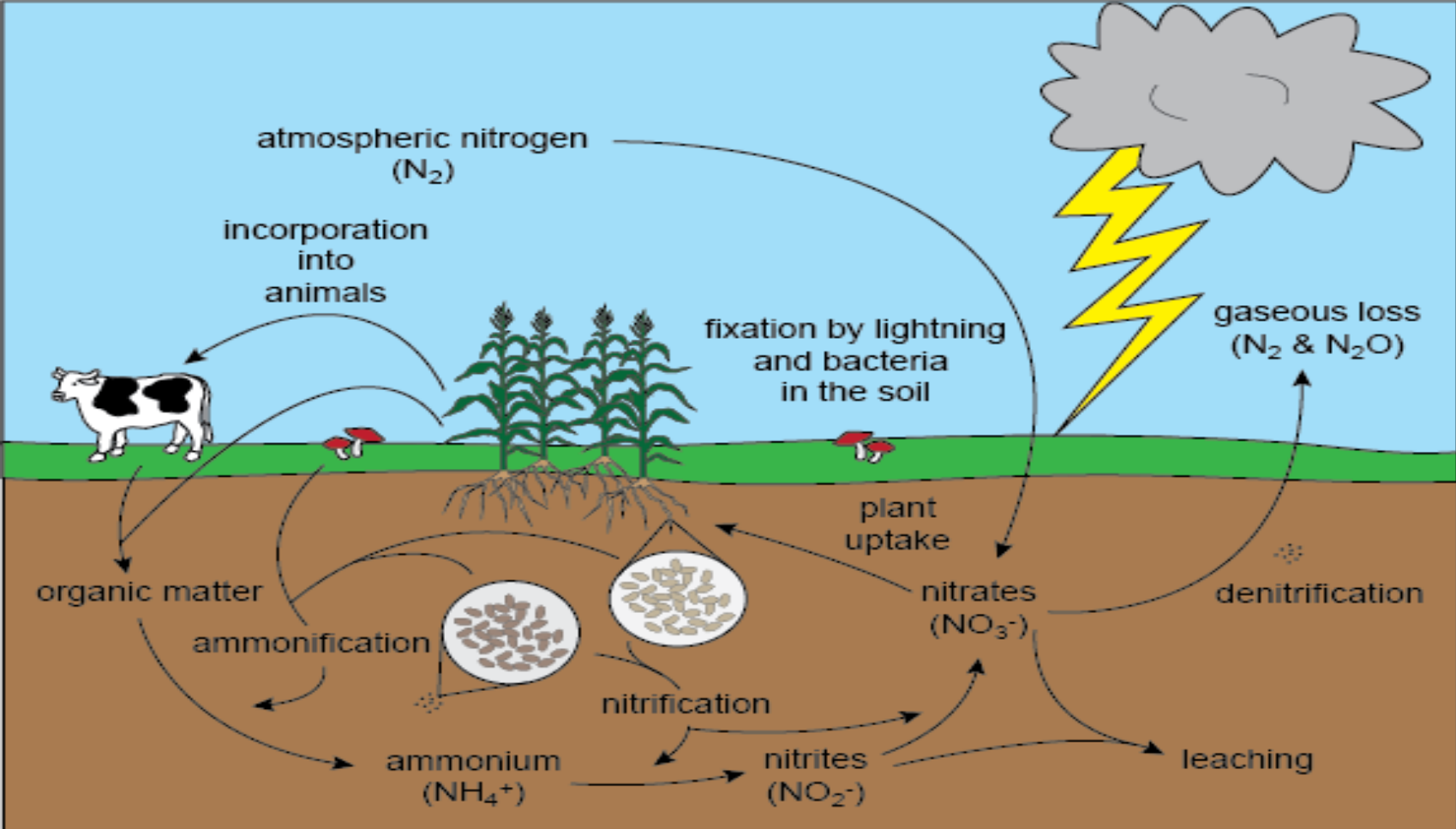
# Mineralization (1) & Nitrification (2)

1. Organic compounds from OM are broken down leaving  $\text{NH}_4^+$  (Ammonium)
2. Ammonia ( $\text{NH}_3$ ) and/or ammonium ( $\text{NH}_4^+$ ) is converted into nitrite ( $\text{NO}_2^-$ ) then nitrate ( $\text{NO}_3^-$ )

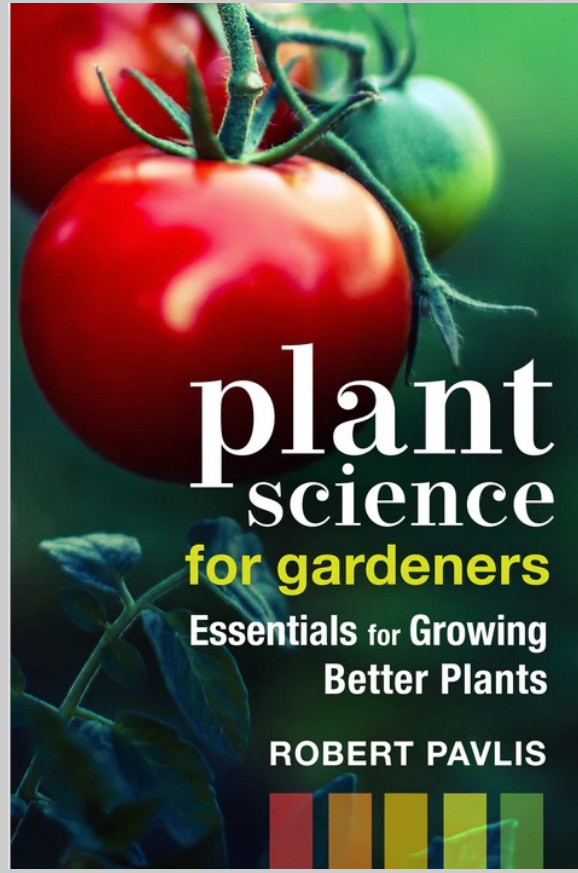
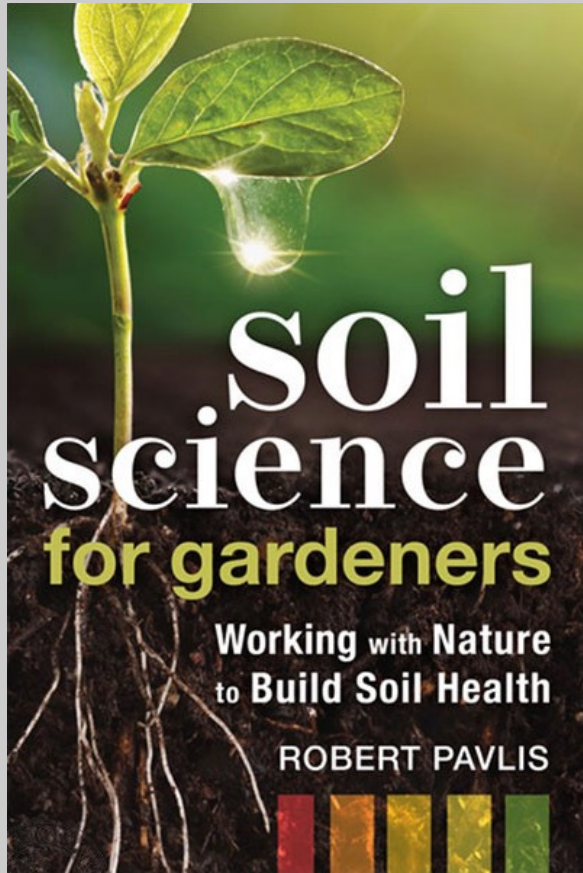
Occurs naturally in environment

Various bacteria are responsible

Ammonium and/or ammonia is produced by the breakdown of Organic Matter – proteins - ammonium/ammonia



# Recommended reading





brycehlane.com

Thanks for Your Attention!